

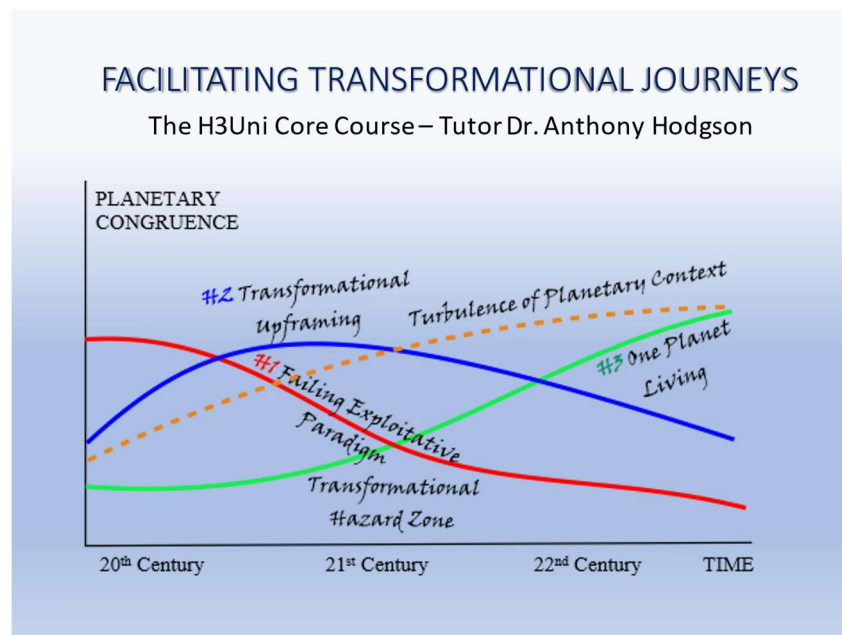
FACILITATING TRANSFORMATIONAL JOURNEYS II

INTRODUCTION

By Anthony Hodgson, Ph.D.

Hallo! I'm Anthony Hodgson and in this short talk I am going to introduce you to the core course on the approach and method that H3Uni has developed as a contribution to a vision of a practical third horizon education. Let me explain the meaning of third horizon.

viable and benign way of life that is renewable, resilient and ecological are emerging. The vision of one planet living is horizon three. Over time it could gather strength and become congruent with the reality of the Anthropocene. However, the transformation from H1 to H3 is a



massive global shift of the pattern of our lives and the legacy of methods of governance, cooperation and awareness of horizon 1 cannot do this. Yet those are what dominate our so-called education system.

This gives rise to three great tragedies which

The starting point is the accelerating demise of our dominant world views and way of life on our limited planet. The extractive and exploitative model is no longer congruent with a viable life style for humanity. This is represented by the descending red line – the first horizon. Pockets of a

are unfolding. Firstly, the tragedy of the commons; secondly, the tragedy of horizons; thirdly, the tragedy of consciousness.

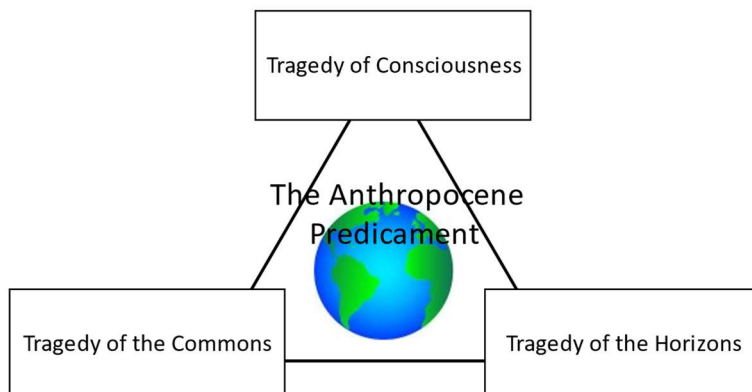
The tragedy of the commons points out the social structure in which individual users of a common good acting without regulation for that

common good end up destroying the very resource they are exploiting. This principle applies right up to the planetary level and leads to the breaking of the planetary limits for

There are three aspects of the tragedy of consciousness. Firstly, the way our brilliance at managing the *complicated* blinds us from seeing how to manage the *complex*.

Secondly, the way our quest for rationality has blinded us to our real presence in the world and our effect on it. Thirdly the way cultural conditioning is preventing us from releasing the creativity needed to mitigate and transcend our predicament of

Waking Up to the Anthropocene Predicament THE THREE TRAGEDIES



survival.

The tragedy of horizons points to the domination of short term and expedient interests which are unable to take into account the deeper systemic structures that are distorted and damaged by ignoring them. This results in decisions which take no regard of the long term and of the present trends that are eroding the viability of society. For example, the taking of the premium required to ensure resilience as immediate profit.

which the climate emergency and the pandemic are but symptoms. This ensures that humanity continues sleep walking into the first two tragedies.

The development of shared wisdom capable of exploring new paradigms and world views is crucially needed to be able to address the mess and find a way to surviving let alone thriving.

The quality of wisdom, or better wise agency, is an elusive quality if we remain stuck in our usual ways of managing things. We need to create

The Transformative Field



It is important to clarify the difference between wisdom and cleverness. We can be clever and be right about something but without doing anything about it. However, if we're in a particular place at a particular time and are faced with a situation where we have to act the

new ways of evoking this mutual quality of life to create a transformative field. This field has three components. It has the personal engagement of being at your best; it has the power of a coherent group (singing in the choir, playing a game of football), whatever it is with that sense of being together; and a congruence of shared method and praxis that matches the complexity of the task.

This is a universal structure behind all the various individual methods that will be introduced. Each one of them is in some way, allowing us to develop a mutual quality. The idea of a mutual quality of wisdom sits in the middle and is evoked. So all of them have inherent in them that core quality of evoking wisdom if we see them through the perspective of this synergy.

outcome is mutually emergent. So wisdom, in that sense, is always existential, because it's dealing with something in the flow of being, in the flow of existing individually and together.

This means that we need to learn to make transformational journeys together. Such journeys have a deep underlying structure reflected in mythology and in subconscious archetypes – but also in lived experience. This is a typical form of such a journey.

There are eight stages and three thresholds. Each step has a different quality of experience and each threshold is a moment of stronger decision and commitment. The slide presents this as an individual journey but 'we' can be substituted for 'I' and become a mutual journey of

emergent wisdom. So what is the urgent journey that we humans need to make at this time?

planet on which we live and how its various systems and needs are structured. We need to take a long

view well integrated into the present through future consciousness. We need powerful methods of co-creative repatterning of worldviews and methods that can grasp the complexity. The penalty of transformative ideas for action is that they evoke resistance and opposition. Yet we

The Transformational Journey



- future
- Threshold 1 Something completely different is needed for a better future
1. Recognition - This is the kind of learning journey I wish to make
 2. Articulation - I see a map of the journey and begin to make some sense of it
 3. Design - Now I am getting to see the methods I need to learn
- Threshold 2 What transformational task am I going to take on?
4. Engagement - Now I am trying this out for real
 5. Struggle - There are some aspects of this learning pose real challenges
 6. Consolidation - Now I see from a new place in myself how this works
 7. Completion - I begin to feel I am equipped to take the journey further into life
- Threshold 3 - How does this fit with how I see my future now?
8. Celebration - I feel I have discovered a different orientation to the future there more?

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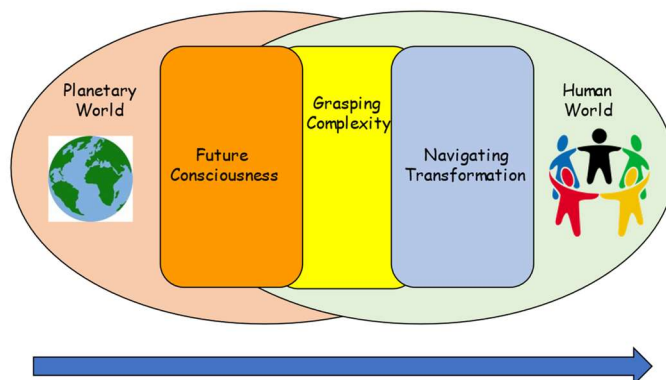
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Here is a representation of the transformation task. A reintegration of humanity with the earth and the earth with humanity is needed. This is a task for all of us but we need personal scale engagement that can work on the challenges according to the triad of emergent wisdom.

We picture that this requires tackling five tasks with five co-creative methods and skills. We need a better holistic understanding of the

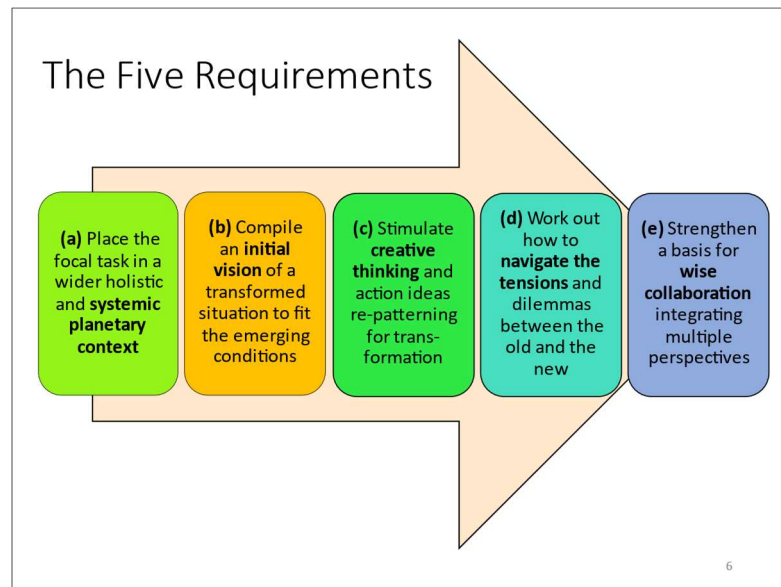
only have one planet so somehow we must make changes and get along sufficiently. This requires the skill of navigating dilemmas. Carrying through the transformation process makes the demand for concerted deepening of wise agency which can

The Transformation Task

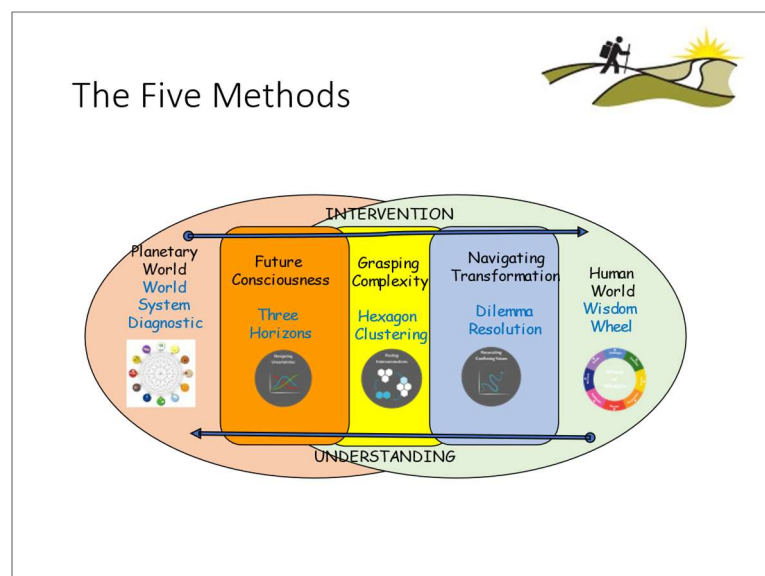


align people whilst embracing diversity.

The five requirements that need appropriate methods.



The H3Uni five core methods.



The visual methods release us from the limitations of purely verbal conversation by significantly increasing the space within which

the group can hold the framing structure, and simultaneously explore their own degree of convergence or divergence. Tougher to carry out virtually online but nevertheless possible.

So the programme that takes us through this comprises seven 2 hour sessions with a mix of teaching, facilitating and reflecting. Over the duration of the course even a diverse group of strangers can get an experience of the emergent wisdom triangle. If this course

appeals to you, a registration link with dates and times and the fee is on the page which holds this video. I look forward to you joining us on the journey.

